

WHO IS IN MY FAMILY?

Families can include anyone who plays an important role in your life. Your family can include family members like children, aunts, uncles, cousins, and grandparents, people you live or parent with, close friends, neighbors, or any other person who is considered a part of the family. There is no right or wrong way to define family, and who is in your family may change over time.

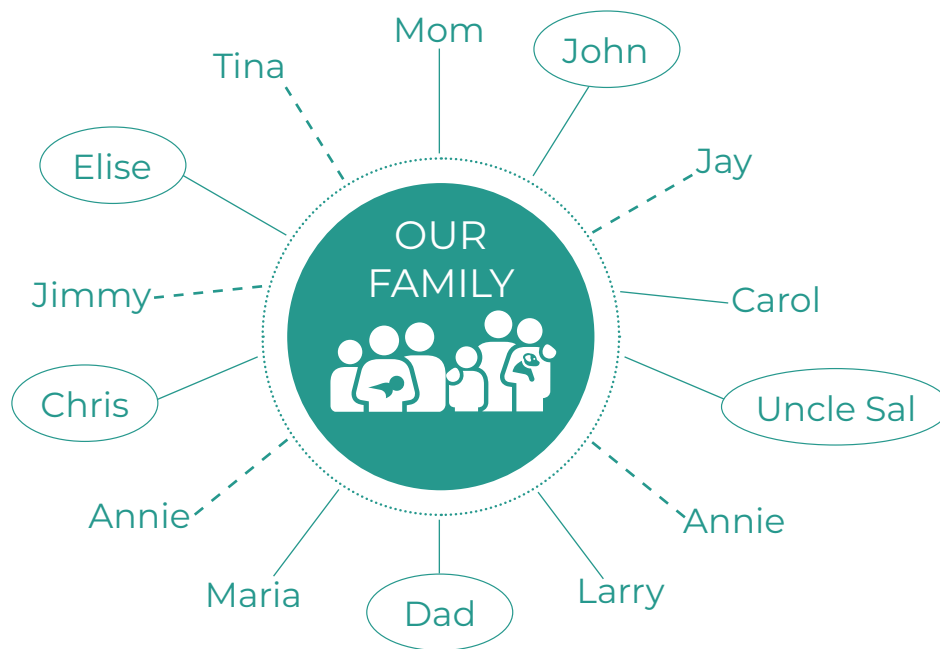
1. Write the name of each person who plays an important role in your family.

Think about your children, parents, grandparents, aunts, and uncles, as well as friends, partners, or neighbors that you consider family.

2. Draw solid or dotted lines to show your relationship to each person.

- Draw a solid line to the names of people who rely on you for support.
- Draw a circle around the names of people who provide support to you.
- Draw a dashed line to the names of people who are important to you but are not involved in your day-to-day life.

Example:



Discussion Questions:

- Who do you consider to be a part of your family?
- Who helps you on a day-to-day basis? For example, family members, friends, or neighbors who provide child care, transportation, and emotional support.
- Who plays a role in taking care of your home life?
- Who do these members of your family consider to be their family? Do you want to include them in your family circle?

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