



BRIDGE SOLUTIONS

My Bridge SnapShot

PURPOSE: A Quick CheckIn to understand what's happening in next few days.

Participant: _____ **Date/Time:** _____

Practitioner: _____

What Happened? *examples, My hours were cut, car won't start, childcare closed today*

What Needs Attention in the next 48-72 Hours?

- | | |
|--|--|
| <input type="checkbox"/> Income or Hours | <input type="checkbox"/> Benefits or Paperwork |
| <input type="checkbox"/> Childcare | <input type="checkbox"/> Housing |
| <input type="checkbox"/> Transportation | <input type="checkbox"/> Emotional Health |
| <input type="checkbox"/> Food | <input type="checkbox"/> Other: _____ |

What Needs Attention in the next 48-72 Hours?

Examples: A Ride to Work, Help with Groceries, A backup Caregiver

1-2 Small Steps I can take TODAY

Step 1

Step 2

Who can help me TODAY?

Who 1

Who 2